

Additive-Free School Canteen Options for the 2-Week Trial

(Also lower in Natural Chemicals)

Green Category:

- Sandwiches or rolls, fillings:
 - egg or cheese or fresh cooked chicken, with salad
 - mashed banana
- Toasted cheese and chicken sandwich
- Jaffles, fillings:
 - banana
 - cheese or cream cheese with creamed corn
- Baked potato with preservative free light cream cheese, with grated carrot, shredded cabbage, chopped spring onion, chopped beetroot
- Boiled egg
- Corn cobbette
- Carrot, celery, cheese sticks
- Rice Rounds – Healtheries
- Bananas
- Golden/Red delicious apples
- Pears
- Water

**Check labels on all
products to ensure there
are no nasty additives!**

Amber Category:

- Nuttelex margarine for bread and rolls
- Nestle Peters Dixie Cup Ice-cream
- Red Rock Deli Sea Salt Chips
- Ajitas Vegie Chips, Natural Flavour only – 30g packs

Red Category:

- Nestle Peters Lemonade Icy poles
- Bulla Magic Pops (Not Icy Pops) – uncoloured, smaller size, orange, lemonade, raspberry

Note: Depending on the level of your HACCP certification, many simple recipes can be made additive-free to expand this menu. See the Failsafe Booklet for some recipe ideas.