

Nasty Additives

COLOURS

Artificial

- 102 tartrazine
- 104 quinoline yellow
- 107 yellow 2G
- 110 sunset yellow
- 122 azorubine, carmoisine
- 123 amaranth
- 124 ponceau, brilliant scarlet
- 127 erythrosine
- 128 red 2G
- 129 allura red
- 132 indigotine, indigo carmine
- 133 brilliant blue
- 142 green S, food green, acid brilliant green
- 151 brilliant black
- 155 brown, chocolate brown

Natural

- 160b annatto, bixin, norbixin

PRESERVATIVES

- 200-203 sorbic acid, potassium & calcium sorbates
- 210-213 benzoic acid, sodium, potassium & calcium benzoates
- 220-228 sulphur dioxide, all sulphites, bisulphites, metabisulphites
- 249-252 all nitrates & nitrites
- 280-283 propionic acid, sodium, potassium & calcium propionates

Antioxidants

- 310-312 all gallates
- 319-321 TBHQ, BHA butylated hydroxyanisole, BHT butylated hydroxytoluene

FLAVOUR ENHANCERS

- 620-625 glutamic acid and all glutamates, MSG monosodium glutamate
 - 627 disodium guanylate
 - 631 disodium inosinate
 - 635 ribonucleotides
- Yeast extract, HVP HPP hydrolysed vegetable or plant protein

FLAVOURS

Unregulated

ARTIFICIAL SWEETENERS

- 951 aspartame (NutraSweet, Equal)